

Siddha Yoga Meditation Center in Vancouver

COVID-19 HEALTH PROTOCOLS

SAFETY MEASURES

- Please wear a face mask while on the premises if you are more than 5 years old.
- Practice social distancing whenever possible by staying 6 feet away from others
- Sanitize your hands thoroughly

PLEASE DO NOT ENTER THE PREMISES IF:

- You have experienced any of the following in the last [10] days:
 - Shortness of breath/difficulty breathing
 - Fever
 - Dry cough
 - Fatigue
 - Sore throat
 - Loss of taste or smell
 - runny nose
- You are awaiting a COVID-19 test result.
- Either you or someone you have been in contact with or with whom you reside: is experiencing COVID-19 symptoms; tested positive for COVID-19; or has been asked to quarantine within the past 10 days.
- if you have been on an international flight within the last 5 days.

You may wish to offer your love and gratitude to the Guru while remaining standing during Darshan

To ensure the safety of people attending Satsang, the center has purchased two Air Purifiers with HEPA filters. One will be stationed in the hall and one in the Amrit area. At present, we will not be offering Amrit at any of the events.

*Each person entering the premises is personally responsible for their own health and well-being at all times and, by entering, agrees to comply with any COVID-19 safety measures in effect at this Siddha Yoga venue and will not seek to hold the venue or its leadership responsible for any health issues the individual may have or develop when attending the venue.

Thank you for your cooperation to keep everyone healthy!